

THE ICM INSIDER



The Premier Provider of Health Management Services

Wellness Program

This is our newest program which helps participants take their first step towards better health. Through this comprehensive assessment employees begin to take personal responsibility for their health. When completed, they are given a detailed report with practical recommendations for improving their personal health. Employers are provided valuable reports showing problem areas within their population . The best part of this program is that ICM is here to provide education and intervention every step of the way.



News

ICM has added a new location at 5847 San Felipe, Houston Texas. We welcome aboard **Tom Crooks** our Regional Sales Representative for the Houston area.

Online Reporting Now Available

ICM is currently setting up our clients to receive Online Reporting

If you have not heard from us and would like this service please contact;

Paula Pyer-Alde
Director of Client Services
765.446.4103 Direct line
800.728.0327, Ext. 103
PaulaPA@ICMCorporate.com

Beth Purtzer
Client Manager
765.446.4177 Direct line
800.728.0327, Ext. 177
BethP@ICMCorporate.com

New Product

ICM has teamed together with a National Clinical Company to partner with our Wellness Program in order to better serve our clients.

The portfolio of services range from routine diagnostic blood tests, to state - of - the - art esoteric tests used to detect cancer, cardiovascular disease, and much more. This service will assist in rapid early identification of disease, which will allow ICM to provide early intervention.

Labs and Biometric Pricing

Labs: Cost will vary depending on lab panel chosen.

Biometrics: SRTS (TSPM)

Includes:

- Weight
- ...
- ...
- ...

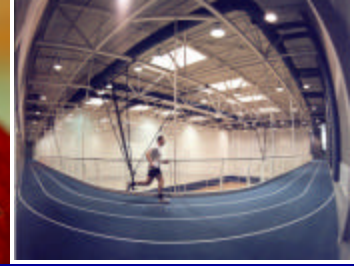
ICM Lipid Panel

Test Name	Description	Units	Reference Range
Total Cholesterol	Quantitative measurement of total cholesterol in serum.	mg/dL	125-200
HDL Cholesterol	Quantitative measurement of high-density lipoprotein cholesterol in serum.	mg/dL	40-160
LDL Cholesterol	Quantitative measurement of low-density lipoprotein cholesterol in serum.	mg/dL	70-190
VLDL Cholesterol	Quantitative measurement of very low-density lipoprotein cholesterol in serum.	mg/dL	0-40
Triglycerides	Quantitative measurement of triglycerides in serum.	mg/dL	0-150

Additional Support Information

ICM provides a comprehensive wellness program for your employees. Our services include:

- Health assessments and biometric screenings
- Personalized health coaching and education
- On-site health fairs and events
- Virtual health coaching and support



Our New Integrated Care/Health Management System and the e-CARE WEB System

Our new integrated care/health management system and the e-CARE WEB system include ALL aspects of care management functions, including UM, Case Management, Disease Management, Personal Health Record (PHR), Wellness, and more. Our products also include long-term care, HMO, PPO, Medicaid, Medicare, Social Services, and Long-Term care functions. Users can easily navigate through any of the following functions by directly accessing Population Health Management and Clinical Data Reporting.

Key Features of our new Integrated Care Management System

- ◆ Member/Patient Enrollment and Administration.
- ◆ UM and WEB-UM (Referral, Authorization) and Automated FAX Referral Assignment/Tracking Workflow.
- ◆ RN/MD Workflow and Task Management (case assignment, overdue cases, and tracking).
- ◆ Over 40 Assessments and 20+ Conditions, with automatic stratification and customized “evidence-based” Care / Treatment Plans (Problems/Goals/Interventions)
- ◆ Patient Registry, Clinical Notes & FAX/File Attachments Notes.
- ◆ Tracking of High Risk Cases.
- ◆ Automated Member Imports from Medical/RX and ER Claims.
- ◆ Dynamic capacity to identify Members with, Multiple Admissions and Observations stays via, Specific CPT/ICD9 Codes, etc.
- ◆ Dynamic/Ad-hoc Reports Builder, to customize your own reports.
- ◆ Utilization Management, Disease Management, and Pharmacy Reporting.
- ◆ A Virtual EMR Component which includes; Patient Intake, Medical History, Visit Sheet, Labs, Prescriptions, and Consent Form.
- ◆ Assessment and Protocol Builder, to add, customize, or modify assessment questions, answers, and protocols.
- ◆ Dashboard (Consolidate Clinical) and ad-hoc reports (by disease condition/globally).
- ◆ Web-UM Portal – This allows physician offices and other providers to complete and or track their Referrals and Authorization. via our WEB-UM Portal. This is part of DBMS’ eCARE Web application.
- ◆ Personal Health Record and Wellness.
- ◆ Network, Client, Employer, and Group (Division) Reporting Enhanced Searching and Reporting Capabilities.

Conditions/ Diseases Data Mining

In order to continue to impact the services that we provide to you, we have increased the number of Conditions / diseases that we Data mine. We have also changed the frequency that we mine the data. With our advanced technology we now have the ability to mine Pharmacy data daily and claims data weekly. Listed below are the conditions / diseases that we regularly data mine.

ALCOHOL
 ARTHRITIS
 ARTHROPLASTY
 ASTHMA
 BACK PAIN
 BALANCE
 CHF
 COPD
 CAD
 CROHN'S DISEASE
 DEPRESSION
 DIABETES
 DIABETES MELLITUS

DIVERTICULITIS
 EMPHYSEMA
 FALLS
 FOOT PROBLEMS
 GERD
 HEPATITIS
 HEART FAILURE
 HEMOPHILIA
 HYPERTENSION
 HIV
 HYPERLIPIDEMIA
 INCONTINENCE
 MIGRAINE

MULTIPLE SCLEROSIS
 NUTRITION
 PARKINSONISM
 PEDIATRIC ASTHMA
 PHYSICAL THERAPY
 POOR INTAKE
 PRENATAL RISK
 RENAL FAILURE
 SYST LUPUS ER
 SMOKING
 TROUBLE SLEEPING
 ULCERATIVE COLITIS
 WEIGHT MANAGEMENT

Now Available

Coaching Program Brings About Positive Results



“An employee I am coaching in stress management is a worrier and tries to fix everything and everybody. She was able to see that she spent a lot of time worrying about things that haven't happened yet and may never happen. I was able to defuse some of her worry by using the thought-stopping procedure and concentrating on the positives of her situation. She was able to name many positives and realized that she was only concentrating on the negatives. We also talked about her grief over the loss of her husband. As we went through the grief worksheet, she was able to see that grief and sadness from the loss of a loved one is not a stress emotion. I assured her that the pain she is feeling today will subside in time and that she will never forget him but it won't always feel this way. She was able to see that she has many good friends that will listen. “

Contact our sales team to find out more about our new enhancements and our current services:

Joyce Wittman - Sales Manager

Cell ; 765.714.3722

800.728.0327, Ext. 105

JoyceW@ICMCorporate.com

Jon Stites - Sales Manager

Cell ; 317.429.6868

888.801.3627, Ext. 230

Jon.Stites@dbms-inc.com

Tom Crooks - Regional Sales Manager

Houston, Texas

Cell ; 713.336.3058

713.821.1615

Tom.Crooks@dbms-inc.com

Please do not hesitate to contact your client manager for questions or needs you have:

Paula Pyer-Alder

Director of Client Services

765.446.4103 Direct line

800.728.0327, Ext. 103

PaulaPA@ICMCorporate.com

Beth Purtzer

Client Manager

765.446.4177 Direct line

800.728.0327, Ext. 177

BethP@ICMCorporate.com